

5 Days to a Fit PC



CompuClever Systems Inc.



5 Days to a Fit PC

Welcome to a Five Day program to get your PC in shape – like it was when you first began using it.

Let's start with a few quick answers to questions you might have.

Who is this for?

- We at CompuClever Systems are in contact with many computer users who are frustrated with the slow responsiveness of their computer systems. We work directly with users - many of which do not have much experience with their computers. We work with you to overcome issues and problems with performance and what you would come to expect from a normal functioning PC. See [CompuClever Systems Inc.](#) for more information about us and our intent to service you and your computer needs.

What is the Five-Day program?

- Five minutes for five days gets your PC in shape - it's that easy. Most computer users suffer the ongoing slow performance that is caused after regular day to day use. Each operating system has numerous tools and maintenance packages that can be hard to access and to understand how to use. Sometimes, these aren't enough. This is where PC TuneUp Maestro comes in. Each day you improve your PC a bit at a time and you get a bit more familiar with how the program works.

What happens after five days?

- After five days you will see significant improvements in your PC's performance. From here you can use PC TuneUp Maestro when you need to or you can choose to schedule some of the regular maintenance operations to get reminders and to have PC TuneUp Maestro give you a head start.

Exercising the Ghost in the Machine

"My PC is sluggish and slow"

Many of us know that our computers are doing something but we cannot see what it is exactly. This makes it hard to know what needs to be done to keep it in good working order. In many cases, people feel they need to be a computer expert or buy a new computer to get it working properly. In most cases, you do not need to be an expert and you don't have to buy a new computer. A little computer exercise program is what is recommended.

In five minutes a day for five days, you can learn what you need to speed up your system and keep it performing like new. PC TuneUp Maestro has a number of tools that will help you make your computer run better and some of these can be used without even purchasing the program! The first three tasks are functions that, with the help of PC TuneUp Maestro, you can access easily and are easy to perform.

5 Days

Five minutes for five days.

Here's the boot camp line up:

- [Day 1: Remove clutter](#)
- [Day 2: Re-organize your files](#)
- [Day 3: Speed up the startup time](#)
- [Day 4: Clean up the registry](#)
- [Day 5: Tune up the performance](#)

By Day 5 you will be experiencing PC performance improvements. Please keep in mind that we can always offer help for further PC improvements or for resolving a particular issue with your computer. We want to help you. Check out the [Beyond Day 5](#) section.



Remove clutter

Objective: Get rid of the excess

Description: Over time your applications run more slowly and your computer is not performing as fast as it used to. You may be experiencing the effects of clutter: excess files on the computer. Files gather from multiple sources. For example,

- When installing programs some files are created and left on your system and they are no longer required.
- When multiple files are cached from surfing the internet.
- When deleting items from your computer and files are left behind.

In some situations files are read by the computer to start a program, load an email, or even when simply opening a folder. The computer reads a file, sees that it does not need it, and goes to the next file. Deleting these files that are no longer needed will prevent this delay time and enable your computer to be more responsive.

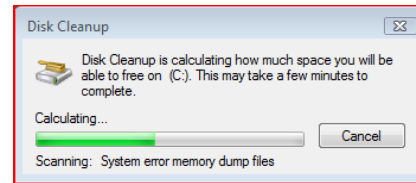
The Plan: We'll be using the "Hard Drive CleanUp" tool in PC TuneUp Maestro. This tool knows where these files are stored and organizes deleting the files with only a few clicks.

Here's How:

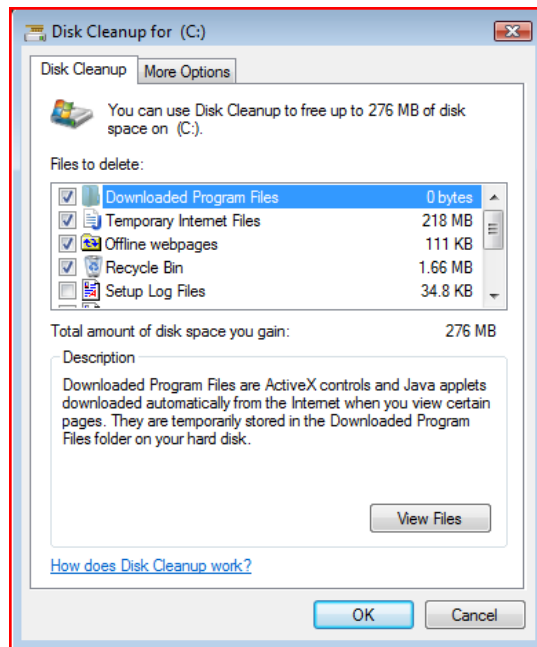
1. Open PC TuneUp Maestro, as seen here, and in the left menu panel, click the **Fix and Clean** menu item.



2. Click the **Hard Drive CleanUp** option and a little dialog will appear as seen here:



3. After the scan is complete, a detailed description of what was found is displayed as can be seen here:



4. Diagnosis: You can get a description of any of the categorized items in the list by selecting an item so that it is highlighted. The description includes details of the items that are deleted. In some cases you can click the View Files button to see the list of files.



For more advanced options, you can click the **More Options** tab to access "Programs and Features" (for uninstalling applications) and "System Restore and Shadow Copies" (to delete old system restore points used for backing up your system).

5. When you are ready, select or clear items from the list after you have reviewed them.
6. Click the **OK** button to delete the files and click **Delete Files** (or "Yes" for some operating systems) in the confirmation box.

That's it! The Disk Cleanup window closes after the process is complete and you have successfully completed Day 1.



Optimize your hard drive

Objective: To increase the efficiency of your hard drive by organizing files.

Description: Poor hard drive performance means it takes longer for your computer to open programs and files. (Hint: if you can see the hard drive light for your computer, it could be on for longer periods including times when you are not even opening a file or using a program.)

Here's a little description of how your computer stores files to the physical disk of the hard drive (not to be confused with the file path which remains the same unless you change it). When files are open they are in use and the area they were stored on the disk of the hard drive becomes available for other files. When you perform other operations, such as saving a file from another application or closing another application, a new organization of the stored area can result. The location that now became available after these operations occurred may not be an exact fit and the result is a file may have to be split up so that a part of it is stored in one area and other parts elsewhere. This is called fragmentation.

The Plan: PC TuneUp Maestro quickly accesses the Disk Defragmenter: a tool that will speed up the access to files on your hard drive by re-arranging them. Keeping a file “together” will mean that once it is found the application can read it all at once rather than having to locate the pieces.

What you need to know: The Defrag process involves two steps: Analyze and Defragment. In the Analyze stage, PC TuneUp Maestro analyzes the disk to see if it needs to be defragmented and in the Defragment stage it reorganizes the files. During the Defragment stage you need to have a certain amount of free space available in order to successfully complete the process.

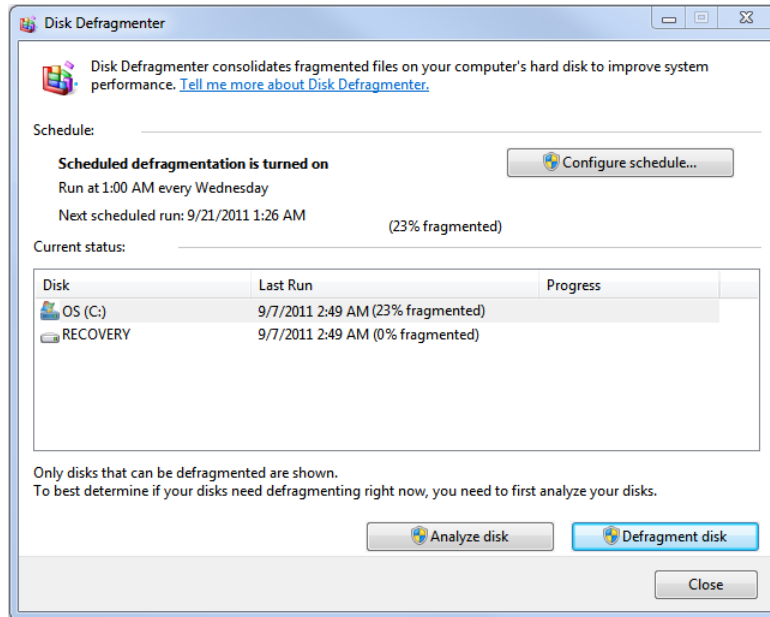


15% free space is required. If there is not enough free space a message will appear stating how much free space you have. If you have completed Day 1 and still do not have enough free space, you may need to delete unnecessary files and uninstall applications that are no longer in use to free up space and try again (or move files to another storage device such as an external hard drive).

We're going to run you through the process using the Defragment option as it includes the analysis of the disk.

Here's How:

1. Open PC TuneUp Maestro and in the left menu pane, click Optimize.
2. Click the **Disk Defrag** option to automatically start the process. A window appears as can be seen here:



In most cases, there will only be one entry in the list of disks – volume C. Typically this is the main hard drive for most computers. If more than one listed as seen above, click the disk volume of your choice to have it highlighted.

3. Click the **Defragment disk** button.
4. When the process is complete, you will be notified if you need to defragment the drive (proceed by clicking **OK**), or if you do not need to defragment the disk and you can close the panel (click the **Close** button).

That's it! You have successfully completed Day 2.



Speed up the startup time

Objective: To have you PC start up faster.

Description: When you first purchased your computer it didn't take long to go from pressing the power button to being able to use the computer. Now it takes much longer. This is likely been a slow and gradual decline and it is difficult to know just what caused the change. It is common for applications to add functions to your computer that run when you start the computer and possible stay active (but out of view), while you use the computer. What you need to ask yourself is: Do I really need to have these running automatically each time I start my computer? Each of these programs takes time to load up and run when you start the computer making the wait longer.

The Plan: PC TuneUp Maestro's StartUp Management tool lets you see what applications are running when you start your computer. When the list is displayed you can review it and decide whether to enable or disable an item from opening when you start your computer.

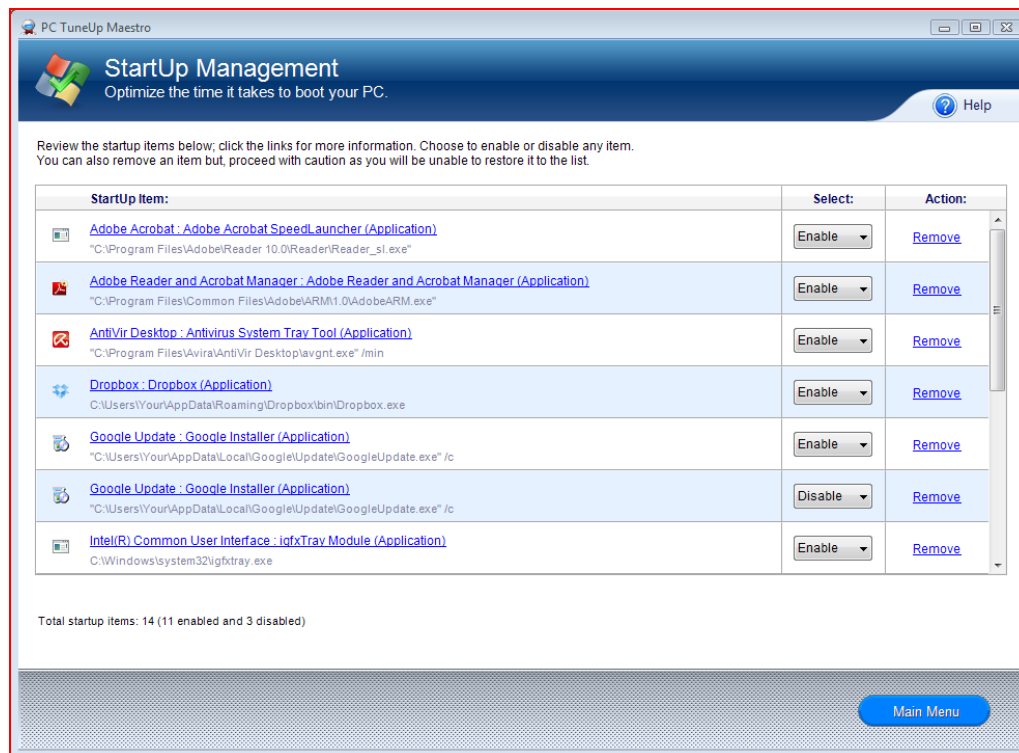


Here's a tip: time how long it takes the computer to start before making changes here, and then again after you have disabled some items to measure how much improvement you get by disabling things.

If you discover something important is no longer available, you can always come back to this panel and enable the item once again. Now that we have a better idea, let's take a look at how to speed up the startup time.

Here's How:

1. Open PC TuneUp Maestro and in the left menu pane, click **Manage**.
2. Click **StartUp Management**.
3. A dialog appears like the one seen here:



4. Review items in the list. For any item in the list that is listed as "Enable", you can choose to click the button and select **Disable**.
5. When you are done, click the **Main Menu** button. Try restarting the computer to see the changes.

That's it!



Clean up the registry

Objective: The computer is slow and you've already defragged the hard drive. You see the hard drive light is flashing a lot. So what is going on? What else could be on the hard drive that would cause it to act like this? A common answer would be the registry. We want to clean up the registry to improve its performance.

Description: The Windows registry stores information about applications, file locations, application settings, and entries from program installations. It acts like a big database on your computer. That means it can also store outdated and empty entries that will slow down your computer as it reads through the registry.

What you need to know: PC TuneUp Maestro has two tools for addressing registry issues: Registry Repair and Registry Defrag. The Registry Repair detects errors in the registry that have an impact on stability and performance. This tool is fairly easy to run and once you have completed the process, you can move on to the defrag tool. Now that you have some experience with defragmentation from your Day 2 task, you likely know that defragmentation of your registry will help to organize the files in your registry in a more efficient manner. And there's no better time to do it than right after repairing the registry and removing the clutter. Like the repair tool, Registry Defrag is easy and straightforward. We'll be using the Express Scan this time (which takes less than a few minutes). The other option is a Deep Scan and can take more time to complete – something we recommend you do when you do not need your computer for about an hour.



In order to make the necessary changes when doing a Registry Defrag, you will need to restart your computer (as per directions below). We recommend saving all data and closing all other applications.

The Plan: Before we begin, make sure to close all your programs as you will need to restart your computer afterwards. We'll start with the Registry Repair and then use the Registry Defrag tool. The total combined time to complete these two tasks will be about 20 minutes depending on the quantity and size of your registry files.

Here's How:

1. *Registry Repair*: Open PC TuneUp Maestro and in the left menu pane, click **Fix & Clean**.
2. Click the **Registry Repair** option.
3. PC TuneUp Maestro automatically scans for registry errors and when it is complete it will look something like this:



4. You can scroll down and examine the results and you can choose to clear and select items to be ignored.



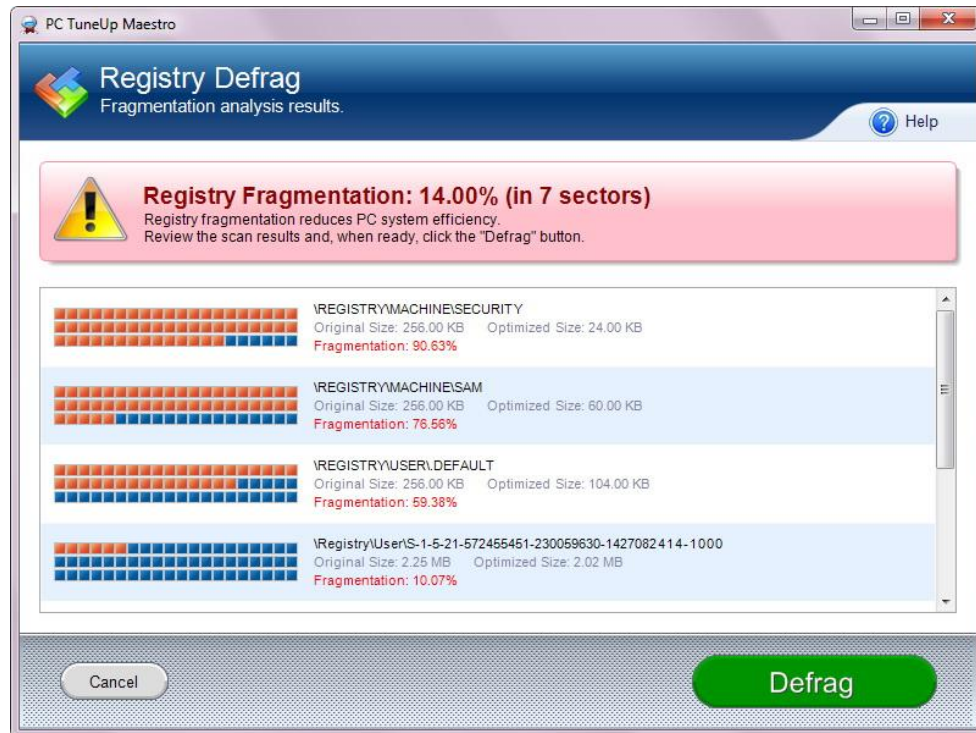
Here's a tip: refer to the help file for these kinds of advanced options. We recommend that you accept all the items selected and choose to remove them. You can feel assured that it is safe to do so as there is an automatic backup created when you fix the registry. That way you can restore your system to how it was previously.

5. Click the **Fix Items** button. When you do, a backup of your system is created and the items are removed. You will see a screen with this message.

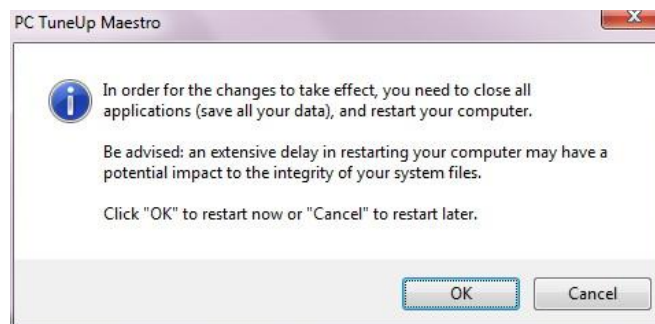


6. Click the **Main Menu** button and you can continue on to the Registry Defrag section.

1. *Registry Defrag*: In the left menu pane, click **Optimize**.
2. Click the **Registry Defrag** option.
3. Verify that the Express Scan option is selected and click **Start Scan**.
4. PC TuneUp Maestro automatically scans for registry fragmentation and when complete it will look something like this:



5. Scroll down to review the results and when you are done, click the **Defrag** button.
6. A backup of your system is automatically created and the items are removed. You will see the following dialog appear:



7. Close all applications and click **OK**.

That's it! Congratulations on completing Day 4.



Tune up the performance

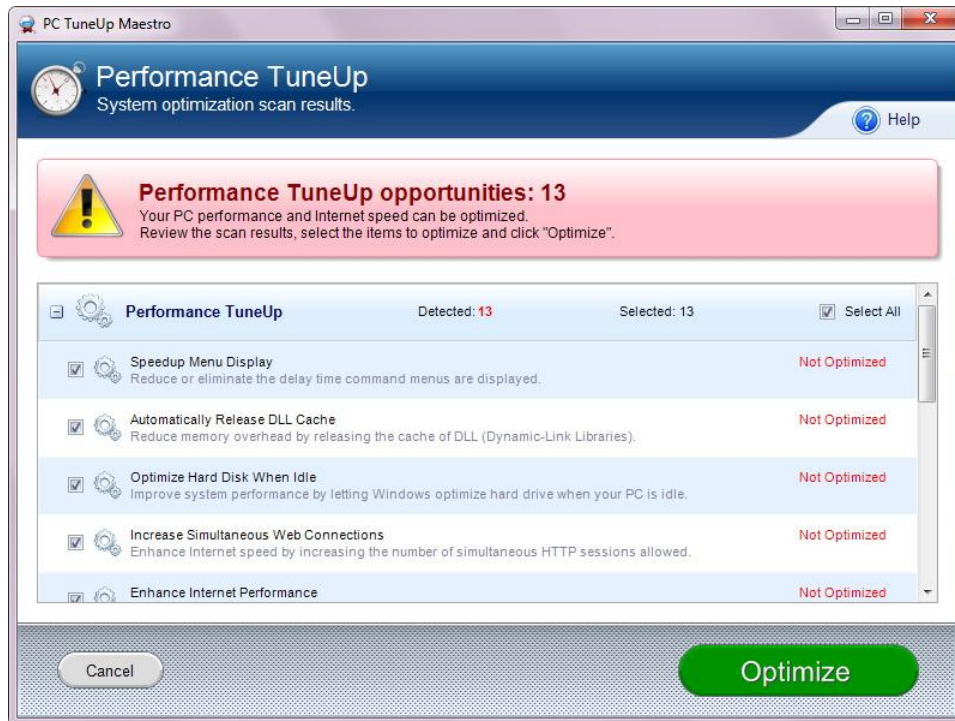
Objective: To adjust the Windows settings to improve PC performance.

Description: So let's assess where we are. In the previous 4 days you have deleted the clutter from your computer (files no longer needed), improved the efficiency and speed of your hard drive, cleared the startup of unnecessary programs, and removed unnecessary file from your registry and improved its performance. How else can you improve performance? Windows itself can impact the performance of your computer by how it is configured. There are settings in Windows that can affect how much memory and CPU time it needs to perform tasks and these settings may not be configured at optimal levels.

The Plan: To use PC TuneUp Maestro to quickly analyze your computer and provide a recommended list of items that will bring about performance improvements specific to your computer system. You can optimize these Windows settings and get another boost in performance. Before we begin, make sure to close all your programs as you will need to restart your computer afterwards.

Here's How:

1. Open PC TuneUp Maestro and in the left menu pane, click **Optimize**.
2. Click the **Performance TuneUp** option.
3. PC TuneUp Maestro automatically scans your computer and provides a list of items that can be optimized and when complete it will look something like this:



4. You can scroll down and examine the results and you can choose to clear and select items to be ignored.



Here's a tip: refer to the help file for these kinds of advanced options. We recommend that you accept all the items selected. You can feel assured that it is safe to do so as there is an automatic backup created when you optimize your PC. That way you can restore your system to how it was previously.

5. When you are ready, click the **Optimize** button.

That's it! Congratulations you have now successfully completed the 5 Day program.

Beyond Day 5: Rediscover the Joy of Computing

At CompuClever Systems, we believe that computer systems should make life easier and more enjoyable. As an innovative software solution company, our goal is to help you rediscover the joy of computing. You can make noticeable improvements to your PC performance by following the "5-days to a Fit PC" plan provided here. We also understand that each PC was built, configured, and used differently to meet individual needs. You may be encountering some issues specific to your PC system that continue to persist even after completing the steps offered here. We want you to know that we can assist you in other ways as described in this section.



CompuClever Systems offers customized support for registered users of PC TuneUp Maestro. Find out how you can become a registered user. Check out the "Trial Version & Registration" page in the help file.

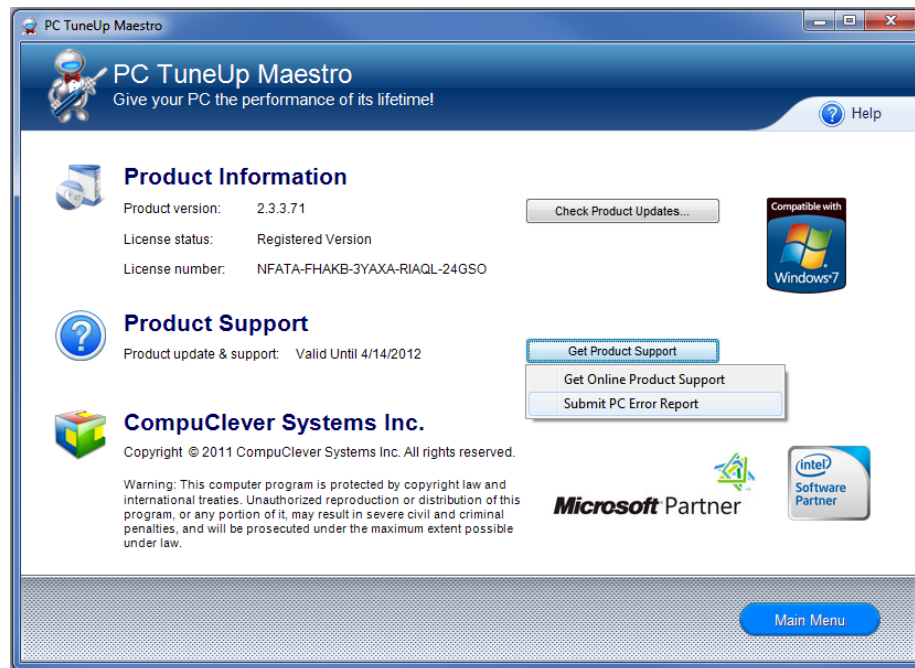
Customized PC Optimization

Based on your needs for PC speed and performance, we can help discover performance bottlenecks and tune your PC to reach its optimum speed. Customized PC optimization is based on our understanding of the most frequently performed tasks on your PC and your system's software configuration and settings. By working with one of our professional PC Technical Support Specialists, you can maximize your PC's computing power for its optimum use.

PC Error Troubleshooting

Are you experiencing PC stability issues like system errors and application crashes or freezes? We can help diagnose system or application errors and eliminate those annoying errors. In fact, we have equipped PC TuneUp Maestro with an error analysis and reporting mechanism through which you can gather error-related information about your PC before you contact our support team. PC TuneUp Maestro sends the error information along with your brief description of the error to our support team. One of our PC Support Specialists will analyze the error report and contact you about how to fix the error.

To access the PC Error Analysis feature, go to the About page, click the "Get Product Support" button and then choose "Submit PC Error Report" as seen here:



You will be provided with an easy-to-follow wizard to assist you with the process.

About PC TuneUp Maestro

Simple to use, yet incredibly effective, PC TuneUp Maestro represents the most advanced suite of PC maintenance software tools available today. Using advanced error analysis and resolution technology, PC TuneUp Maestro fixes, cleans and optimizes your PC, giving it peak performance and stability.

- [Learn more about PC TuneUp Maestro](#)
- [Download and try PC TuneUp Maestro](#)
- [Purchase PC TuneUp Maestro](#)

Contact Us

As a company we work hard to create a program that can efficiently shape up your computer. But this is not all we do. We also work with you when the trouble is more than what is usually encountered. Getting help is what we encourage our users to do. Please don't be shy or hesitant to contact us. We want to establish a relationship with you and by doing so we can also continue to offer products and services to meet the needs of our customers. Our paid users receive Professional PC Support Service. Contact us for more information.

Email:

To better serve you, we recommend that you give us a description of the issues you are facing including the following:

- A description of your computer system including any relevant hardware or software (operating system, Internet browser, online connection, etc.)
- The events leading up to the problem.
- Any attempts you have made to correct for the issue.

Send your email to: support@CompuClever.com



In some cases you may be required to submit an Error log. The CompuClever Support team will direct you to do so if that is the case. Refer to the help file page: [Submit an Error Log](#) for more.

CompuClever Systems Inc.

CompuClever Systems Inc. is a software technology company specializing in PC optimization solutions. Combining products and services, we bring enhanced performance and stability to your PC.

Our mission

CompuClever was founded with a single-minded devotion to just one thing: to empower you to rediscover the joy of computing. Our mission is to bring our customers effective yet easy-to-use solutions that remove the common frustrations of personal computing.

Our approach

Our dedicated R&D team possesses a wealth of knowledge and expertise in consumer desktop software. We are proud to be an Intel Software Partner and a registered member of the Microsoft Partner Network. With these strength and abilities, we create cutting-edge solutions that combine technological advancements, ease-of-use, and outstanding levels of quality.

What makes us different

At CompuClever, we value our relationship with our customers. As computer users, we understand that using personal computers can be complex and challenging. Along with creating excellent software solutions, we also provide technical support and advice for daily computing tasks including maintenance and optimization tips.

Our knowledgeable and friendly Support team is devoted to provide the utmost excellence in customer service. Simply put, we pride ourselves in serving your computing needs and bringing enjoyment to PC computing.

Visit us at CompuClever.com.